

Family Rosary:

Contemplating the face of Christ together, through the eyes of His Mother

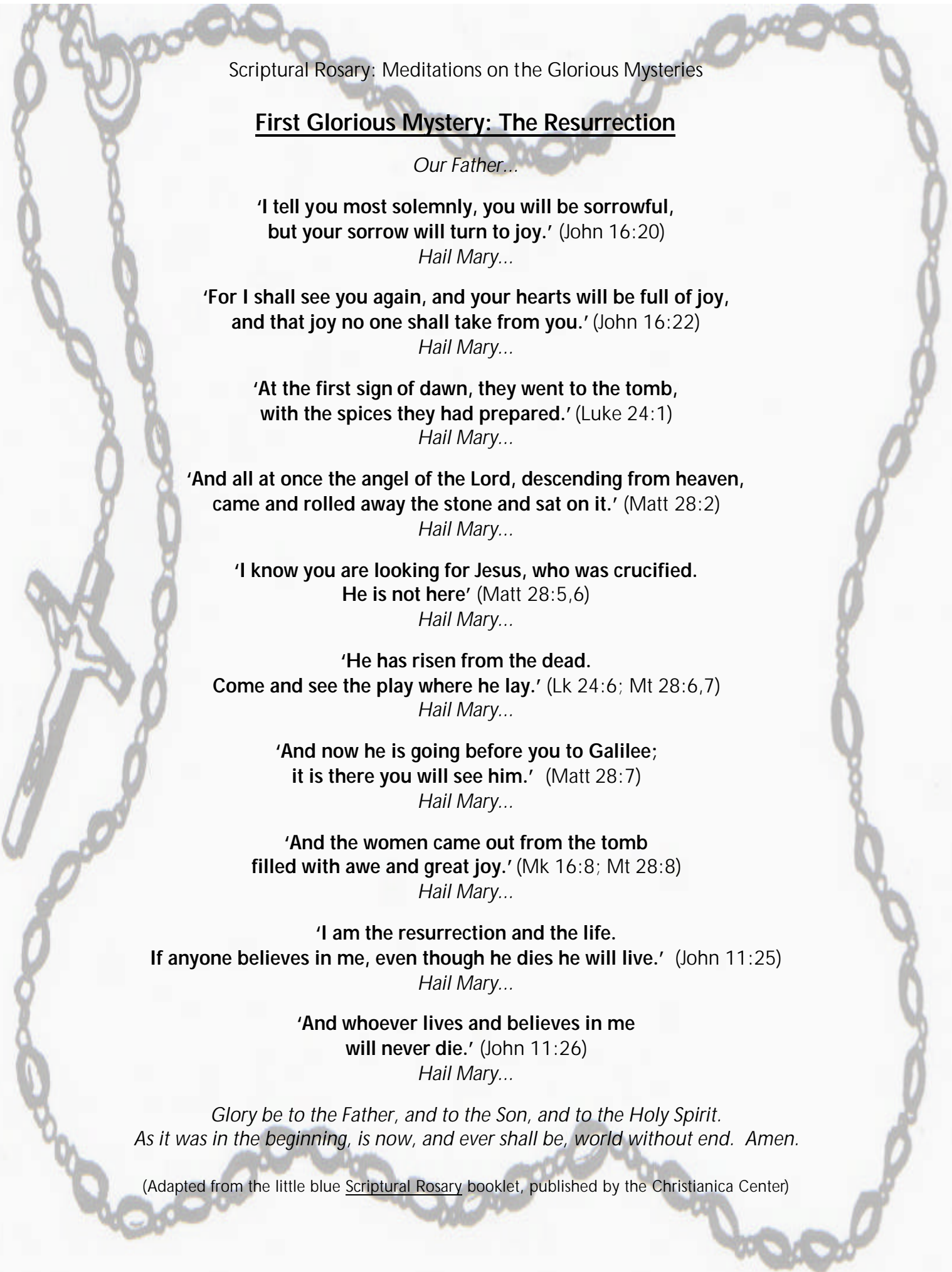
Did you know that praying the Rosary is a form of *contemplative* prayer? In the Year of the Rosary (2002), our late Holy Father John Paul II called all of the faithful to a renewed devotion to praying the Rosary together, as individuals and as family units. By meditating on each of the mysteries and asking Our Lady's intercession through the *Hail Mary's*, we invite her to take us by the hand and lead us deeper in our experience and understanding of these profound events in salvation history. We ask her to help us know and love Jesus *through her own eyes!*



"Christ is the supreme Teacher, the revealer and the one revealed. It is not just a question of learning what he taught but of *"learning him"*. In this regard could we have any better teacher than Mary? From the divine standpoint, the Spirit is the interior teacher who leads us to the full truth of Christ (cf. *Jn 14:26; 15:26; 16:13*). But among creatures no one knows Christ better than Mary; no one can introduce us to a profound knowledge of his mystery better than his Mother."

-Excerpt from John Paul II's Apostolic Letter *Rosarium Virginis Mariae*, paragraph 14

There are several ways to pray the Rosary. Your family can sit together and have one person lead the first half of the prayers, with everyone else completing the second half. You can do a walking Rosary outside, around your neighborhood or through a park. You can pray a decade together each night if you don't have time to do a whole one all at once. You can pray each decade in a different language if there is one or more language known in your house. The possibilities are endless! This week, try one night (maybe Sunday?) to pray using the Scriptural Rosary sheet for the first Glorious Mystery provided on the back of this page. Ask Our Lady to bring this mystery to life for you with the Scriptures recited at each *Hail Mary*. There are plenty of Scriptural Rosary booklets, or Rosary books with pictures for each mystery, to look at online or in our St. Luke's Library if you would like to continue praying in this way more often!



Scriptural Rosary: Meditations on the Glorious Mysteries

First Glorious Mystery: The Resurrection

Our Father...

**'I tell you most solemnly, you will be sorrowful,
but your sorrow will turn to joy.'** (John 16:20)

Hail Mary...

**'For I shall see you again, and your hearts will be full of joy,
and that joy no one shall take from you.'** (John 16:22)

Hail Mary...

**'At the first sign of dawn, they went to the tomb,
with the spices they had prepared.'** (Luke 24:1)

Hail Mary...

**'And all at once the angel of the Lord, descending from heaven,
came and rolled away the stone and sat on it.'** (Matt 28:2)

Hail Mary...

**'I know you are looking for Jesus, who was crucified.
He is not here'** (Matt 28:5,6)

Hail Mary...

**'He has risen from the dead.
Come and see the play where he lay.'** (Lk 24:6; Mt 28:6,7)

Hail Mary...

**'And now he is going before you to Galilee;
it is there you will see him.'** (Matt 28:7)

Hail Mary...

**'And the women came out from the tomb
filled with awe and great joy.'** (Mk 16:8; Mt 28:8)

Hail Mary...

**'I am the resurrection and the life.
If anyone believes in me, even though he dies he will live.'** (John 11:25)

Hail Mary...

**'And whoever lives and believes in me
will never die.'** (John 11:26)

Hail Mary...

*Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be, world without end. Amen.*

(Adapted from the little blue Scriptural Rosary booklet, published by the Christianica Center)